

The background is a light beige color with a large, soft, white cloud-like shape in the center. Scattered around this shape are various small, stylized icons: a white cross, a green leafy branch, a red pill with a white cross, a white pill, a purple and yellow capsule, a red tulip, a blue syringe, a red pill with a white cross, a yellow and orange capsule, a green leafy branch, a white cross, a small white circle, a small white triangle, and a small white circle. The text "WELCOME TO THE" is in a bold, orange, sans-serif font, and "1st General Meeting" is in a larger, bold, red, sans-serif font.

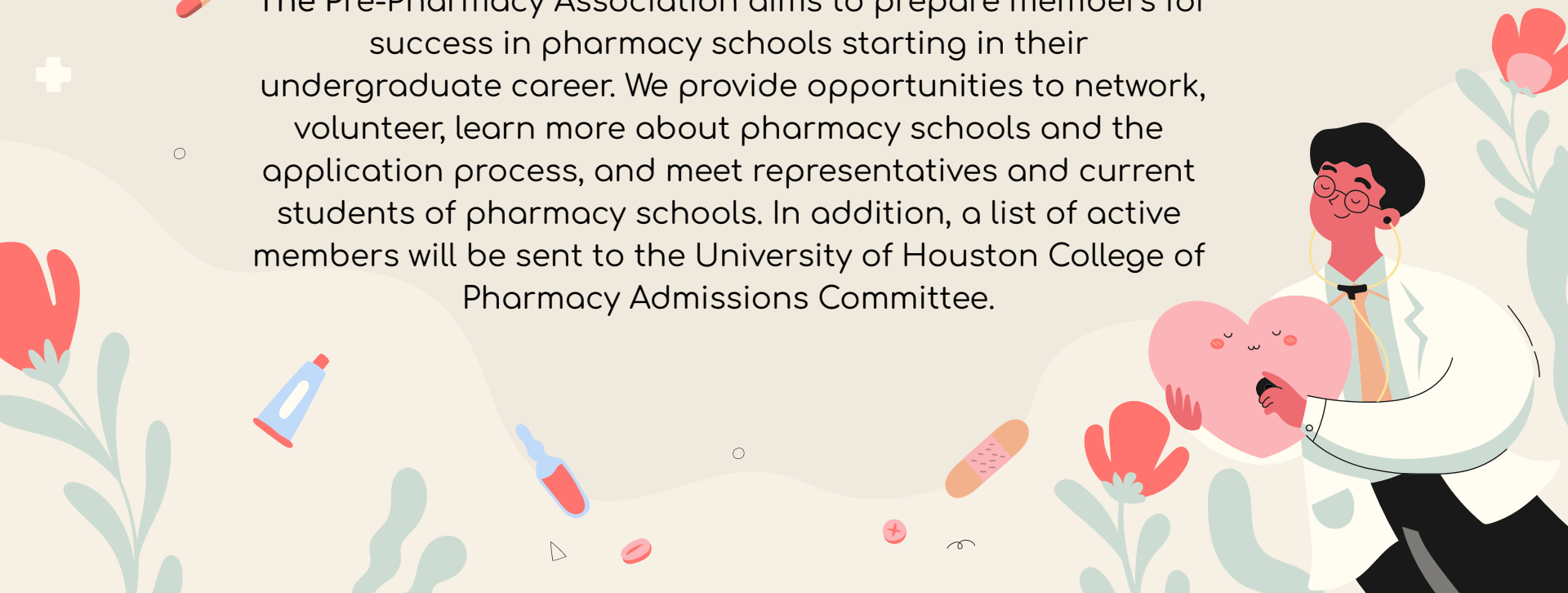
WELCOME TO THE 1st General Meeting

February 4th, 2025

Our Mission

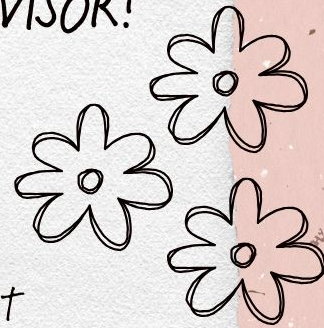


The Pre-Pharmacy Association aims to prepare members for success in pharmacy schools starting in their undergraduate career. We provide opportunities to network, volunteer, learn more about pharmacy schools and the application process, and meet representatives and current students of pharmacy schools. In addition, a list of active members will be sent to the University of Houston College of Pharmacy Admissions Committee.



Meet Our Advisors

MEET THE UH PPA STAFF ADVISOR!



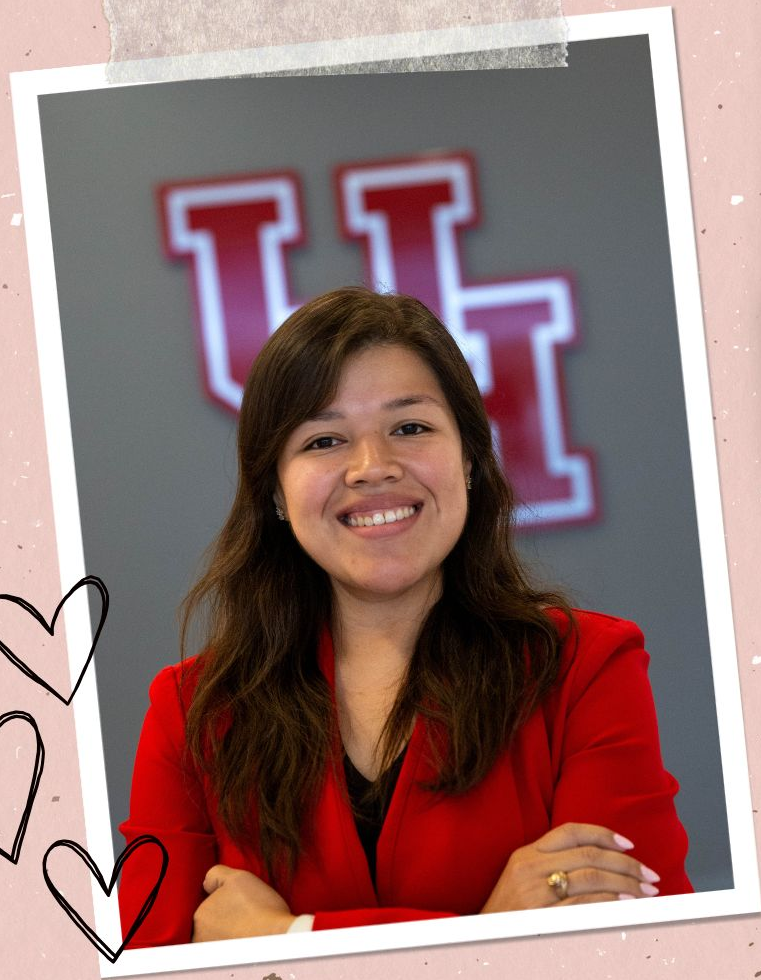
Name: Kimberly Chairez

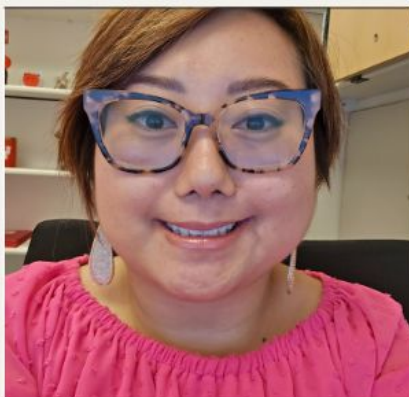
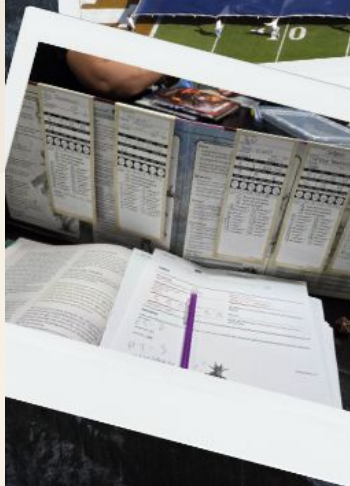
Pronouns: She/Her/ella

Position: Director of Recruitment

Fun Facts:

- UH Alumna - Class of 2017!
- Season ticket holder for Football and Men's Basketball
- I love Karaoke!





Meet Your Staff Advisor

Name: Jane Vo

Pronouns: She/Her

Position: Director of Admissions and Enrollment

Fun Facts:

- Dungeons & Dragons DM/Player
- Ran World's Largest TX Flag
- Love Arts & Crafts
- Pet Parent to 4 Cats

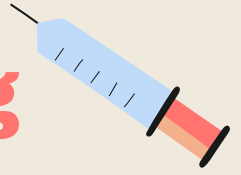


The background is a light beige color with various medical-themed illustrations. At the top center is a blue syringe with a red plunger. To its left is an orange bandage with a pink cross. Above the syringe is a small white cross. To the right of the syringe is a red pill with a white cross. Below the syringe is a small white cross. At the bottom center is a purple and yellow pill. To the left of the pill is a small red pill with a white cross. To the right of the pill is a small red pill with a white cross. There are also several green leaves and red flowers scattered around the text. The text "Meet Our Officer Board" is written in a bold, red, sans-serif font, centered on the page.

Meet Our Officer Board



Webmaster ~ Hannah Joy Klug

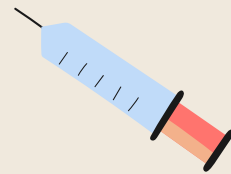


- Classification: Senior
- Major: Biology
- Fun fact: Has 11 tattoos and plans on getting more
- Fav animal: Chameleon
- Fav food: Sushi





Public Relations ~ Lena Do

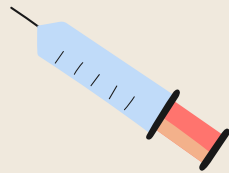


- Classification: Junior
- Major: Kinesiology
- Fun fact: Has never owned a pet because her mom is afraid
- Fav animal: Turtle
- Fav food: Tacos





Historian ~ Vince Pham

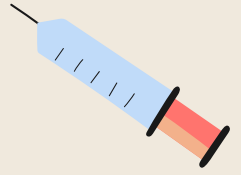


- Classification: Senior
- Major: Public Health
- Fun fact: Can correctly guess which elevator door will open with 100% accuracy
- Fav animal: Cat
- Fav food: Sushi





Secretary ~ Kristin Anakwuo

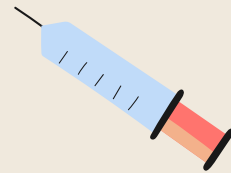


- Classification: Senior
- Major: Biology
- Fun fact: Plays the flute in the Spirit of Houston and Cougar Brass at UH
- Fav animal: Butterfly
- Fav food: Shrimp fried rice





Treasurer ~ Nyah Harper

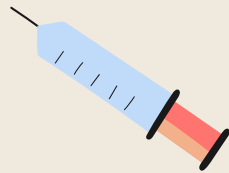


- Classification: Senior
- Major: Nutrition
- Fun fact: Wants to speak fluently in at least 3 languages
- Fav animal: White siberian tiger
- Fav food: Soul food + Italian





Vice President ~ Trang Tran

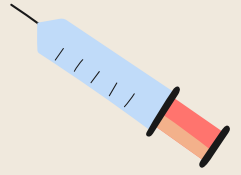


- Classification: Sophomore
- Major: Biochemistry
- Fun fact: Loves going to sports games + wants to learn how to play guitar
- Fav animal: Chicken
- Fav food: Sushi





President ~ Shahanna Wade



- Classification: Senior
- Major: Psychology
- Fun fact: Loves to paddle board + rock climb and won 2 gold medals at a choir competition
- Fav animal: Ragdoll cat
- Fav food: Pinakbet

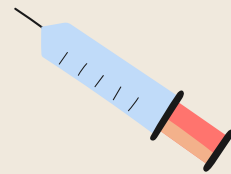


Meet Our Interns





Angela Haskin

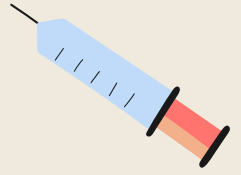


- Classification: Sophomore
- Major: Chemistry
- Fun fact: I had the chance to see the Pope in person when I went to Portugal
- Fav animal: Cheetah
- Fav food: Gumbo

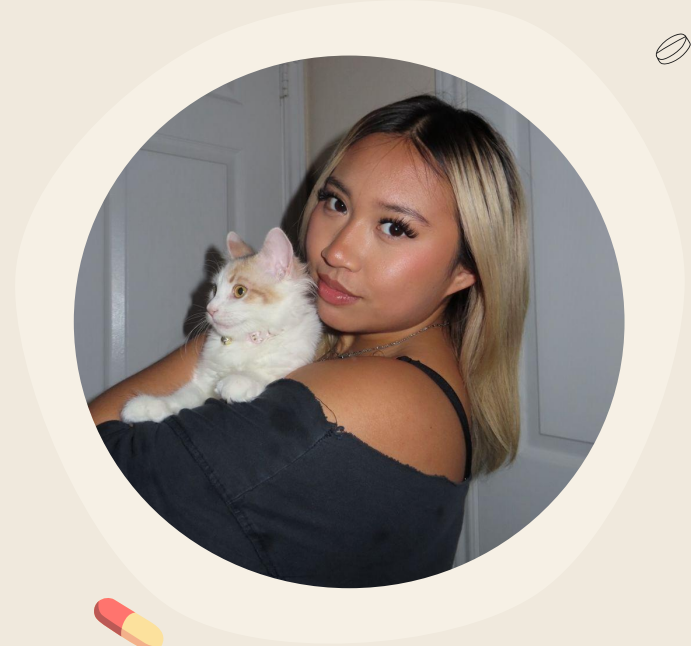




Cayra Desales



- Classification: Freshman
- Major: Nutrition
- Fun fact: I have a shellfish allergy
- Fav animal: Cats
- Fav food: Filipino pork barbeque





Meet Our PPA Liaisons



Christian To
UHCOP P2 Student



Matthew Kim
UHCOP P1 Student

Membership Info



How to Join



**Submit
Membership Form**

Pay Dues

<https://docs.google.com/forms/d/e/1FAIpQLSe2nfPEPMuQAzsRuLdtT2CnuQciUfG7BNZ4FI10EtIzA4V-Ug/viewform>



Membership Dues

fee includes a PPA shirt & access to meeting slides



Early Bird


One Semester = \$35

DUE ON FEBRUARY
18TH

Full Price

One Semester = \$45

APPLIES ANYTIME
AFTER FEBRUARY 18TH




Methods of Payment

Venmo @uhppa

OR

bring cash to next
meeting



Active Membership



POINTS

Must earn at least 25 points at the end of the semester

CORDS

Members who are "active" for 2 consecutive semesters are eligible to earn a graduation cord (limit of 1 cord per person)

UHCOP

PPA sends a list of active members to UHCOP at the end of each semester

Point System

General Meetings

- Attendance = 3 points
- Bring A Friend = 1 point

PPA Events

- PharmD Corners = 1 point
- Volunteer Events = 1 point/hour
- Bake Sales = 1 point/0.5 hours (max 4 points for 2 hours)
- Socials/Mixers = 2 points
- Workshops = 2 points

Other

- Outside Volunteering = 1 point/2 hours
- Collab Events with SNPhA, Kappa Epsilon, etc.

Extra Point

- Earn 1 additional point for wearing PPA shirt (applies to all events)

Point Submission

- must submit a photo for proof of attendance/participation

Point Discrepancies

Contact Kristin (our secretary) for any point discrepancies

Cancellations to events must be made by emailing at least 72 hours in advance. Cancellations of no shows will incur a deduction of half of the points that would have been initially earned at the event.

Email: uofhppa.secretary@gmail.com

Stay Connected



https://linktree/uofhogo?fbclid=PAZXh0bgNhZW0CMTEAAoquqToMoRKifhQNC45te2aMVh2yRGwGK8do-d1XMh0uzi1-7FHHpPzER6L_aem_RTXyJpDoh_m9MWXO7ogSIA

Navigating the Website

The general meeting slides are password-protected. Members who have paid their fees can request the password from an officer via GroupMe!



<https://uhppa.com/moto/>

Questions?





Spring Carrel Hours

Monday 10AM - 11AM

Tuesday 3PM - 5:30PM

Wednesday 12PM - 1PM

Letters of Love

- About: a nonprofit organization that provides emotional support to children battling serious illnesses through the creation of hand-crafted, heartfelt letters
- Construction paper, markers, and colored pencils are provided at our carrel space
- 1 point per 3 cards (max of 2 points)
- Activity starts the week of 02/10



<https://www.lettersofloveglobal.com/>

Research Opportunities

UH-HEART



Eligibility

- 3.0 GPA or higher
- rising junior or senior in college
- available for full-time participation from May 27 to August 1
- US citizen, permanent resident, or US Visa

Stipend

- \$6,000 for 10-week program

Deadline

- priority = February 23
- regular = March 9

UH-CURE



Application

- 1-page personal statement
- 2 rec letters
- CV or resume
- official transcript
- online form



<https://ddi.uh.edu/undergraduate-research-programs>

Pharmacy School Acceptance

We'd love to recognize your huge milestone of committing to a pharmacy school!

Requirements:

- accepted + committed to a pharmacy school
- be an official PPA member (completed the membership form + paid the dues)
- give UHPPA permission to post on Instagram

How To Be Featured:

- complete the google form (will be open throughout the semester)



<https://docs.google.com/forms/d/18mNDdJwqt1lg1eGXCoevz5fA1LBsq1pnouEeSvlicz4/preview>



Upcoming Events



UHCOP Events

In-Person

Pharm.D. Info Session +
Building Tour

Virtual

Pharm.D. Info
Session



<https://student-houston-pharmacy-pharmcos-production.admissionsbyliaison.com/events>

Dates

February 14th

February 19th

March 11th

March 14th

March 19th

March 26th

April 8th

April 16th

April 18th

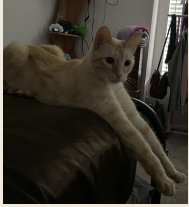
April 22nd

May 9th

May 13th

May 21st

May 27th



Houston Humane Society

Hours of Operation:

Monday-Friday 11:00am-6:00pm

Saturday-Sunday 11:00am-5:30pm



- Why volunteer at HHS?

- It is **student-schedule friendly**! HHS has drop-in volunteering, meaning volunteers are able to come in and help out anytime during regular business hours.
- Earn outside **volunteer hours** for PPA and any Pharmacy Schools you may be applying to that requires a minimum number of community hours (UHCOP requires 25 hours min.).
- You will be **helping animals in need**. In addition to taking in strays and surrenders, HHS works closely with several law enforcement agencies and Precincts to provide housing and medical needs for abused animals. Note: Animals are screened and cleared by veterinary staff and behavioral specialists before they can be handled by volunteer staff and the public.



- **Cute animals, duh!** Interacting with animals has been found to reduce cortisol levels (a hormone linked to stress) and lower blood pressure. Additionally, research suggests that animals can help alleviate loneliness, enhance a sense of social support, and improve mood (National Institutes of Health, 2018).

- How to become a volunteer:

1. Complete the online Volunteer Application
2. Attend an in-person pet training class with the HHS Volunteer Team (*they will reach out to you to schedule this after submitting your online application*).
3. Pay \$15 for the HHS Volunteer shirt (you will need to wear this when volunteering).
4. You're ready to volunteer!

- For more information visit the [HHS Volunteer Page](#) on the website, or email the Volunteer Manager at volunteer@houstonhumane.org.



Houston Food Bank Interest Form

Let us know your availability so that we can volunteer as a group!



<https://docs.google.com/forms/d/1p2CKodf8xbeqOs2nr5lmXWLuolOhb5fVscDWAcop5w/preview>



telephone pictionary





THANKS for COMING!

see y'all at the 2nd
general meeting on
February 18th

